

Points West Living
Moose Jaw
June 2026

One Day In June

Amidst the hills full and lonely
I walked the ragged paths and stumbled stones,
Looking for a kind of longing,
A memory of that one day in June so long ago.
Remembering that summer,
Where leaves, green and velvet,
Hung down, idle and unraised.
The weather warm and wet,
Clouds in wind meeting their shadows on the ground,

Hovering over elm and willow.
Their branches eavesdropping on rooks and jackdaws
While beneath rabbits watched each other,
As if in endless love.
Here is where the memory of beauty will find me,
In a breeze that rustles faintly,
On occasion to take a nap,
That leaves the air silent, still.
For on that day in June
When the summer rite began,
It was as if nothing in the world mattered,

Which made it all the sweeter.

John Scully



Ivy L - June 2
Marilyn B - June 9
Steve D - June 9
Arlene C - June 12
Dorothy B - June 18
Robert S - June 18
Elaine B - June 23
Violet M - June 24



Welcome home!

Bertha H
Shirley B
Fran G

For your information:

United Worship Service's last gathering will be Tuesday, June 9th and will resume on Tuesday, September 1st at 2pm.

Forever in Motion's last session will be on Monday, June 29th. It will resume on Monday, September 14th at 2pm.



Interesting Facts about June

Astronomical & Seasonal

- **The Longest Day:** The **Summer Solstice** occurs around June 20 or 21 in the Northern Hemisphere, marking the longest day and shortest night of the year.
 - **The Strawberry Moon:** June's full moon is traditionally known as the Strawberry Moon, named by Native American tribes because it signaled the time to gather wild, ripening strawberries.
 - **Weather Extremes:** In the Southern Hemisphere, the exact opposite occurs, as June marks the beginning of winter.
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The Hometown Fair Parade

Thursday, June 18

The parade kicks off the fair weekend and follows its traditional route through the city. Parade start time is 7pm, we will leave our building at 5:45pm.

If you are interested, please sign up at the front desk to ride the van in the parade.

Reminder:

If you are sick, the housekeepers will not enter your suite. Thank you for your understanding.

Window Cleaning

June 3 starting at 8:30am

Social Hour

Saturday, June 6 & 20
3:30 - 5pm

United Worship Service

Tuesday, June 9 @2pm

Whist Tournament

Tuesday, June 9 @7pm

Dale & Company

Wednesday, June 10
@2pm

Catholic Mass

Friday, June 12@10:30am

If the Shoe Fits

Mobile Shoes Service

Sunday, June 14
10am-2pm
North Common Room

Personal Touch Clothing

Mobile Clothing Service

Wednesday, June 17
1:30-4:30 pm
North Common Room

Cribbage Tournament

Wednesday, June 17@7pm

Father's Day Social

Friday, June 19
2 - 3:30pm in the bistro

Car Show

Wednesday, June 24
1:30-3 pm
West Parking Lot

Greg Gower music

Thursday, June 25@ 7pm

Catholic Mass

Friday, June 26@ 10:30am

50/50 Draw

Friday, June 26
10:30 – 12 pm

June Birthday Celebration

Saturday, June 27
2:30-3:30 pm

Worship Service

Sunday, June 28
Pastor Marvin @ 7:00 pm

Party Whist

Tuesday, June 30 @ 7pm



*For My Father...
With Love*

FOR ALL THAT YOU SACRIFICED
THROUGHOUT THE YEARS...
TO MAKE MY LIFE BETTER,
I WANT TO THANK YOU.

THANK YOU FOR GUIDING ME
ALONG LIFE'S PATH.

THANK YOU FOR TAKING THE TIME
TO LISTEN TO MY TROUBLES
AND MY CONCERNS,
AND FOR PROVIDING ME
WITH SUPPORT,
AS I STUMBLED ALONG.

THANK YOU FOR SEEING THE BEST IN ME,
WHEN I WAS UNSURE OF MYSELF.

THANK YOU, DAD, FOR EVERYTHING!
YOU ARE SUCH AN AMAZING FATHER,

On Sunday, June 14th the mobile shoe service, If the Shoe Fits, will be here from 10am - 2pm for your shopping needs.



Personal Touch clothing will also be here on Wednesday, June 17th, from 1:30 - 4:30pm.

Come down and check them out, perhaps you will be able to pick out summer outfits & shoes.



If you move the chairs when visiting in the bistro, return the chairs back to where they were. Please be courteous to others living here.

June is Men's Health Month

During the month of June men and boys are encouraged to take charge of their health. Get screened, eat a healthy meal, exercise, get outdoors and check in with a friend. Use this month to set good habits in motion and carry them throughout the year. There are a variety of websites with resources full of everything from healthy recipes to exercise tips to mental health pod casts as well as testicular and prostate cancer checks. Check them out. Find what works for you and get started today.

Canadian Men's Health Foundation

The [Canadian Men's Health Foundation](#) is a national, registered charity providing information, tools, and motivation for men and their families to live healthier. Canadian men are dying at an alarming rate from chronic illness and leaving their loved ones behind. Yet, 70% of men's health problems are preventable by living healthier. No matter how you do it—walk, jog, swim, bike, or mow the lawn—any kind of movement adds up to better physical and mental health.

Key Observations

- **June (Men's Health Month):** Focuses on overall well-being, including physical fitness, regular screenings, and mental health. It includes **Men's Health Week** (celebrated annually during the week leading up to and including Father's Day).
- **November (Men's Health Awareness Month):** Often referred to as **Movember**, this month specifically targets prostate cancer, testicular cancer, mental health, and suicide prevention through fundraising and the tradition of growing moustaches.

Core Focus Areas

The month serves as a reminder for men to take charge of their health through several key actions:

- **Preventative Screenings:** Encourages regular check-ups for blood pressure, cholesterol, and various cancers, particularly prostate and testicular.
- **Mental Health:** Aims to break the stigma surrounding men seeking help for depression, anxiety, and suicidal thoughts.
- **Lifestyle Habits:** Promotes healthy eating, consistent physical activity, adequate sleep, and reducing alcohol or tobacco use.

We will be celebrating
Father's Day on
Friday, June 19 in the
bistro from 2-3:30pm



Please join us for our 2nd Annual Car Show on Wednesday, June 24 from 1:30-3:00pm. The cars will line up along the back west fence. Come out and take a stroll down memory lane.



Bus Schedule

Monday - Walmart

Tuesday - Rexall & Co-op

Wednesday - Superstore

Thursday - Shoppers

Friday – Banking

Headline News for 1948

In 1948, Canada experienced a series of transformative events that reshaped its political landscape and national identity. The most significant "top stories" from that year include:

1. The Retirement of Mackenzie King & Rise of Louis St. Laurent

After a record-breaking 21 years in power,

[William Lyon Mackenzie King](#)

retired as Prime Minister. On November 15, 1948,

[Louis St. Laurent](#)

was sworn in as Canada's 12th Prime Minister. St. Laurent's leadership marked a shift toward more assertive internationalism and a focus on expanding Canada's social security and industrial base.

Wikipedia +4

2. Newfoundland Votes to Join Confederation

A major turning point in Canadian history occurred on July 22, 1948, when Newfoundland held its second referendum. Voters chose **Confederation with Canada** over returning to responsible government. The Terms of Union were officially signed in Ottawa on December 11, 1948, paving the way for Newfoundland to become Canada's 10th province in early 1949.

CBC +3

3. The Great Fraser River Flood

In late May and June, British Columbia suffered one of its worst natural disasters. Record-breaking temperatures caused rapid snowmelt, leading the **Fraser River** to breach its dykes. The flood forced the evacuation of 16,000 people, destroyed hundreds of homes, and submerged over 22,000 hectares of farmland. A national state of emergency was declared, and the Canadian military was deployed for relief efforts.



The Canadian Military Engineers Association +3

4. Olympic Glory: Barbara Ann Scott and the RCAF Flyers

Canada dominated the 1948 Winter Olympics in St. Moritz, Switzerland:

- [Barbara Ann Scott](#)

became the first Canadian to win an Olympic gold medal in figure skating on February 2.

- The **RCAF Flyers**, a team composed of Royal Canadian Air Force members and veterans, won the gold medal in ice hockey on February 8 after a hard-fought tournament.

5. Post-War Immigration Boom

In 1948, Canada dramatically increased its immigration intake to address post-war labour shortages. Over **125,000 immigrants** arrived that year, including thousands of displaced persons and refugees from war-torn Europe. This influx began to significantly diversify Canada's cultural mosaic.



Parks Canada +1

Other Notable Events

- **Grey Cup History:** The **Calgary Stampeders** won their first-ever Grey Cup on November 27, completing a perfect undefeated season. Their fans' arrival in Toronto is credited with starting the modern Grey Cup festival tradition.
- **UN Leadership:** Prime Minister

[Mackenzie King](#)

delivered a major speech to the **United Nations** in Paris, calling for international co-operation during the onset of the Cold War.

- **A Legal Landmark:** On June 8, 1948, **Cecil George Harris**, a Saskatchewan farmer, scratched his final will into the fender of his tractor while pinned underneath it; the "fender will" became a famous case in Canadian legal history.

Weird Facts

On June 8, 1948, a Saskatchewan farmer named Cecil George Harris was working alone on his farm when the tractor trapped him underneath.

Knowing he might not make it, he carved those 16 words into the paint of the fender with his pocketknife. He was eventually found and rushed to the hospital, but he died the next day from his injuries.

Neighbors later discovered the message. The fender was removed and presented in court, and the courts ruled it a valid holographic (handwritten) will. His wife received the estate as he wanted.

The famous "tractor fender will" became a landmark case in Canadian law and is still used as a teaching example today. The actual fender and pocketknife are on display at the University of Saskatchewan College of Law.