

Points West Living Moose Jaw

November 2025



Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

[©wild-about-quotes.com](http://wild-about-quotes.com)

~ John McCrae



Donna Chometa - Nov 5
Annetta Wilson - Nov 6
Denise Lebrun - Nov 10
Sharon Budd - Nov 10
Sandy Laslo - Nov 11
Terry Tannahill - Nov 17
Carolyn Cunanan - Nov 21



Charlotte S
Margaret S

Once again, we will be participating in **The Spirit of Christmas for Seniors**. We will have the form for you to fill out at the front desk starting November 1. Residents will be asked to fill out your wish list with some gift ideas under \$20.00. We will need them back by November 12.

Thank You

Fall into Winter Christmas Craft Sale

Thursday, November 27

1:00pm to 4:00pm



Social Happy Hour

Sat, Nov 1 @ 3:30-5pm

UNITED Worship Service

Tuesday, Nov 4 @ 2pm

Clean Break (Music)

Thursday, Nov 6 @7pm

**Remembrance Day
Service**

Tuesday, Nov 11
Please be seated before
11am in order to do the
2 minutes of silence.

Whist Tournament

Tuesday, Nov 11@ 7pm

Personal Touch Shopping

Friday, Nov 14 from
10am -2pm

Social Happy Hour

Saturday, Nov 15
3:30 – 5pm

Dale & Company (music)

Tuesday, Nov 18 @2-3pm

Cribbage Tournament

Wednesday, Nov 19
@7pm

**Worship Service with
Pastor Marvin**

Sunday, Nov 23@7pm

Party Whist

Tuesday, Nov 25@ 7pm

Comfort Singers

Wed, Nov 26 @ 2pm

**Fall into Winter Christmas
Craft Sale**

Thursday, Nov 27
1-4pm
North Common Room

Catholic Mass

Friday, Nov 28@10:30am

50/50 Draw

Friday, Nov 28
10:30-12pm

Nov Birthday Celebration

Saturday, Nov 29@
2:30pm



Important notices for our Residents

Effective immediately:

For health reasons, the housekeepers will not be cleaning your suite if you are sick. If you should need anything, let the front desk know so we can put it by your front door until you are better.

Please take note of the changes to the bus schedule.

Our bus must be put to better use than it has been. We will be following the bus schedule as below, with the exception of medical appointments. Please be aware when you are planning your day, as we will **not be making any exceptions for the nonmedical appointments.**

MONDAY – WALMART 2pm

TUESDAY – CO-OP & REXALL 2pm

WEDNESDAY – SUPERSTORE 2pm

THURSDAY – SHOPPERS 2pm

FRIDAY – BANKING 2pm

Christmas Gala

We will be hosting our **Christmas Gala on December 11 at 12pm.** Each suite will have the opportunity to purchase 2 tickets. However, we will not be allowing residents to purchase 2 extra tickets. (No sharing)

Tickets are 35.00 plus tax making a total of \$38.85.

The cut off date for tickets is Friday, November 14.



Why I wear a Poppy

Patriotism is not dying for one's country; it is living for one's country. And for humanity. Perhaps that is not as romantic, but it's better.

-Agnes MacPhaul-

In 1919, the year my father was born, the first Remembrance Day was observed throughout the countries of the British Commonwealth. Originally called Armistice Day, the day commemorated the end of the “war to end all wars” on Monday, November 11, 1918, at 11am – the eleventh hour of the eleventh day of the eleventh month. Remembrance Day is a day when “Canadians pause in a silent moment of remembrance for the men and women who have served and continue to serve our country during times of war, conflicts and peace.”

Dad was twenty when Canada went to war again. He was drafted into the army, but spent his years of service on Canadian soil, as an officers' chauffeur on the west coast. Although he never saw battle, he hated every minute of his time there. He missed home, he missed his family, he missed his own mother's funeral. When he returned, he married and settled down to raise a family and rarely spoke of his years in the army. My father was not your typical, flag-waving veteran. Dad never joined the Legion, never made a speech about being proud to serve his country, never spoke of how privileged he felt to wear the uniform. I wear a poppy one day a year to honour him, regardless.

Some time ago I spoke with a fellow Canadian who refused to wear a poppy on Remembrance Day. “War is against my religion,” was the explanation. I said nothing, partly out of cowardness but mostly out of surprise, knowing this person's ancestors had fled from a land of bitter religious persecution to the relative safety of Canada. I wondered how those same ancestors would feel about this stance? Had no one fought for their freedom, those who fled to Canada would eventually face the same thing all over again – with nowhere left to flee. Is it really too much a poppy one day a year to honour that dedication, regardless of one's point of view about war.

In 2008, I saw my young friend James go off to Afghanistan. He called me a few times from that desert land, just to unload some of the horrific experiences he was

facing. Eash Sunday, I'd see his parents and his wife in church and wonder how their hearts could bear it – the worry, the wondering. We all breathed a sigh of relief when he returned safe and sound, knowing others had not and would not. It doesn't seem too much to wear a poppy one day a year to honour James and his comrades, regardless.

Remembrance Day is not about condoning war or glorifying weaponry or celebrate death. It does not make a statement about your politics or your religion or your conscience. More than 1,500,000 Canadians have served our country in this way, and more than 1,000,000 have died. They gave their lives and their futures so that we may live in peace.

That's why I'll be wearing a poppy November 11.

- Terri Todd –
- Portage la Prairie, MB -



Some time in November, Rene will be changing the furnace filters in your suites. Date to be determined.

BINGO CHANGES:

Effective January 2026, we will start to charge .50 cents per player. The caller will collect the money each night before the first game is called.

You will continue to play with nickels; the pots and prizes will remain the same.

The only change is that you will now pay to play.



Bingo News
Starting in January
we will see some
changes

Vision and Hearing Loss

Vision and hearing loss are common conditions, especially among older adults, and can significantly impact daily life. They can occur independently or together, with the combination known as [dual sensory loss](#) or [deafblindness](#). While some individuals may experience complete blindness or deafness, dual sensory loss more often involves reduced vision and hearing that significantly hinders communication, information access, and mobility.

Vision Loss:

- **Causes:**

Vision loss can stem from various factors, including age-related macular degeneration, cataracts, diabetic retinopathy, and glaucoma.

- **Symptoms:**

Symptoms can range from blurred vision and difficulty seeing at night to a narrowing of the field of vision or complete loss of sight.

- **Impact:**

Vision loss can make it challenging to perform daily tasks, such as reading, driving, and recognizing faces.

Hearing Loss:

- **Causes:**

Hearing loss can also be age-related ([presbycusis](#)) or caused by genetics, noise exposure, infections, or certain medical conditions.

- **Symptoms:**

Hearing loss may involve difficulty hearing high-pitched sounds, understanding speech in noisy environments, or experiencing ringing in the ears ([tinnitus](#)).

- **Impact:**

Hearing loss can lead to communication difficulties, social isolation, and even cognitive decline.

Dual Sensory Loss (Deafblindness):

- **Causes:**

Dual sensory loss can occur due to inherited conditions like [Usher syndrome](#), or from acquired conditions that affect both vision and hearing.

- **Impact:**

The combination of vision and hearing loss can create significant challenges in communication, mobility, and access to information, requiring specialized support and strategies.

Management and Support:

- **Early Detection:**

Regular vision and hearing screenings are crucial for early detection and intervention.

- **Assistive Devices:**

Magnifiers, hearing aids, cochlear implants, and other assistive technologies can help individuals manage their sensory loss.

- **Communication Strategies:**

Sign language, tactile communication, and other communication methods can facilitate interaction and participation.

- **Environmental Modifications:**

Adjusting lighting, improving acoustics, and creating accessible environments can enhance safety and independence.

- **Support Services:**

Organizations and professionals specializing in vision and hearing loss can provide guidance, training, and support services.

Note: It's important to remember that vision and hearing loss can have a profound impact on an individual's life, affecting their ability to communicate, work, and participate in social activities. Early intervention, appropriate management strategies, and supportive services are essential for maximizing quality of life for those with sensory loss, [according to the World Health Organization](#).

& seeing

Personal Touch Shopping will be here on Friday November 14 from 10am to 2pm.

Come on down to the North Common Area to do some shopping either for yourself or for some Christmas shopping!

They will be selling clothing and more.

Name: _____

Remembrance Sunday

W	O	C	E	M	T	R	C	N	N
A	L	O	V	E	T	A	O	L	S
R	S	Q	D	F	I	E	L	D	O
Z	A	B	W	M	E	N	T	W	L
L	D	E	R	P	O	P	P	Y	D
T	B	R	E	T	T	G	M	S	I
Q	I	H	D	L	E	X	E	J	E
H	T	P	E	A	C	E	D	V	R
B	R	A	V	E	W	B	A	X	C
F	R	E	E	D	O	M	L	H	N

freedom	soldier	brave	field
medal	peace	poppy	love
men	red	sad	war