

Points West Living

Moose Jaw

April



## Dance of the April Rain

The poem paints an image of a typical April shower. It celebrates the rain's playful interaction with the world and its refreshing touch on all it kisses.

Raindrops dance, on rooftops they play,  
April showers, casting gloom away.  
Each drop's descent, a ballet in air,  
Nature's performance, beyond compare.

Puddles form, reflections so deep,  
Of gray skies, and trees that weep.  
Yet amidst this, the world feels right,  
Rain's gentle touch, a pure delight.

When the rain ceases, the world feels new,  
Washed and cleansed, in shades of blue.  
April's gift, a refreshing scene,  
A dance of rain, on a canvas so green.



*Maureen Aitken - April 1*  
*Sandra Towriss - April 6*  
*Marlene Hudson - April 7*  
*Robert Olson - April 15*  
*Pearl Bowley - April 17*  
*Dorothy Willoughby - April 20*  
*Jose Rojas - April 22*  
*Barb Sadler - April 22*  
*Gladys Stewart - April 22*  
*Margie Wiebe - April 29*



Welcome Pramod - Our new  
Hospitality Aide

**If you would like to change your seating in the dining room, to meet new people or for a change of scenery, please see Jen.**

### **Trade Shows:**

Jen will be attending the trade show at the Cosmo Centre on Saturday April 5 from 9-3.

She will also be attending the trade show at Timothy Eaton's on Saturday April 12 from 9-3.

If you would like to sit with her, please let her know.



**Minto Worship Service**

**Tuesday, April 1 @ 2pm**

**Stations of the Cross**

**Friday, April 4 @ 1:30pm**

**Social Hour**

**Saturday, April 5**

**from 3:30-5pm**

**North Common Room**

**Whist Tournament**

**Tuesday, April 8 @ 7**

**Garnet & Jean (Music)**

**Wednesday, April 9**

**Catholic Mass**

**Friday, April 11 @ 10:30am**

**Cookie Decorating**

**Tuesday, April 15 @ 2pm**

**Easter Lunch**

**Thursday, April 17@12:00pm**

**Easter Egg Hunt**

**Thursday 17 @2pm**

**Good Friday**

**April 18 - No Bus**

**Social Hour**

**Saturday, April 19**

**From 3:30-5pm**

**Cribbage Tournament**

**Wednesday, April 23@7pm**

**Catholic Mass**

**Friday, April 25@10:30am**

**Birthday Celebration**

**Saturday, April 26@2:30pm**

**Worship Service with**

**Pastor Marvin**

**Sunday, April 27@7pm**

**50/50 Draw**

**Friday, April 25**

**Jim W Music**

**Wednesday, April 30@7pm**

Good Friday, April 18

Easter Sunday, April 20



Easter Lunch will be served on Thursday, April 17 at 12pm.

If you wish to purchase tickets for yourself or guests, please let the front desk know.

The price will be \$20.00 which includes tax.

We will have 25 tickets available for sale.

April 7 will be the last day of ticket sales.





## Green Shirt Day—set for April 7, 2025

Green Shirt Day, in honour of the Logan Boulet Effect, in support of organ donor awareness/registration across Canada.

On April 6, 2018, Canadians were heartbroken to hear the news of the Humboldt Broncos bus crash. Of the 29 passengers, sixteen lost their lives and thirteen will all bear physical and emotional scars for life.

On April 7, 2018, Humboldt Broncos defenceman Logan Boulet succumbed to his injuries. His parents, Bernadine and Toby Boulet offered to donate his organs so that six lives could live on. They did so because Logan told his parents he was registering as an organ donor and that he was inspired by his coach and mentor Ric Suggitt. Ric passed on June 27th, 2017, and was also an organ donor and saved 6 lives.

**February 19, 2025 (EDMONTON, AB)** – For the first time, the national Green Shirt Day campaign is launching in Edmonton, marking a significant milestone in the movement inspired by Logan Boulet's selfless decision to become an organ and tissue donor. The event highlights the powerful impact of the **Logan Boulet Effect**, which has inspired hundreds of thousands of Canadians to register as organ and tissue donors since 2018 and continues to spark life-saving conversations about organ donation. At today's event, Logan's family officially unveiled the winning design of the 2025 Green Shirt Day T-shirt, selected from a national competition. The dynamic image of Logan taking a slap shot was created by artist **Geoffrey Kehrig**, a registered organ and tissue donor who grew up in **Humboldt, Saskatchewan**. "After the bus crash, I purchased a Logan Boulet Humboldt Broncos jersey and I've proudly worn it while playing pick-up street hockey in my B.C. community," Kehrig shared. "I'm inspired by Logan's unselfish choices and his reverence and compassion for others."



# Donating Blood

Blood donation means giving some of your blood so that it can be used to help someone else. Donated blood helps people who have lost blood in an injury. It also helps people who have an illness such as cancer, anemia, [sickle cell disease, Opens dialog](#), or [hemophilia, Opens dialog](#).

If you donate blood before you have surgery, your own blood will be kept for you in case you need a blood transfusion. If you don't need it, your blood may be donated to someone else.

Donated blood includes red blood cells and the other things that make up the blood, such as [platelets, Opens dialog](#) and [plasma, Opens dialog](#). Blood that contains all the parts is called whole blood.

You can donate blood at Canadian Blood Services centres or other clinics or blood banks. You may be able to donate during blood drives at your workplace.

When you donate whole blood, you give about 473 mL (1 pint). It takes about 10 minutes. The whole process—including answering questions and having a short exam—takes up to an hour.

Donated blood is tested to make sure that it's safe to use. It's also checked for its type. This makes sure that the person who needs blood gets the right type.

## Who Can Donate

To donate blood, you must:

- Be at least 17 years old.
- If you are between 17 and 23 years old, you may need to meet a certain height and weight measurement.
- Be in good health.

Some people can't donate because of health or other issues. For example, you may not be able to donate if:

- You recently donated blood or a blood product. The length of time you must wait between donations depends on the product you are donating, such as whole blood or platelets.
- You don't have enough hemoglobin in your blood. Before you donate, you will have a test to check your hemoglobin level.
- You are pregnant.
- You have travelled to certain countries.
- You take certain medicines.
- You have certain health problems, such as HIV.
- You have recently been to the dentist.
- You had a recent needle stick or got a tattoo or piercing.

Having a long-term illness, such as diabetes, doesn't mean you can't donate. You may be able to give blood if your health problem is under control. But you shouldn't donate blood if you feel like you're getting a cold or influenza (flu).

Before you donate, a health professional will ask about your current and past health to make sure that you can donate. Some of these questions are very personal, so you will be asked them in private. You will be asked these questions every time you give blood, because the list of who can give blood may change, or your health may change.

Your body will replace the lost fluid in 24 hours. (It takes a few weeks to replace red blood cells.) You will have to wait a certain number of days before you can give whole blood again.

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With our building filling up, we will begin to rent out the “extra” suites. The craft room will be the first one to rent out. The crafting supplies will be moved to the north common area for all to enjoy. 😊

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**An Open House will be held on Thursday April 24<sup>th</sup> from 6:00-9:00pm.**  
**If you would like to volunteer to be an ambassador, please talk to Jen.**

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Thursday May 1 we will be having a “Spring into Summer” trade show here from 1:00-4:00pm. Confirmed vendors are listed below.

Rhonda's Gift Baskets

Jen's Treasures

Shelley's Trinkets & Jewelry

Jaimie's Crafty Creations

My Addictions Clothing

Brooke's Honey

Fifth Avenue Jewelry

Avon

Mary Kay



## Resident Council Section

April news from your resident council:

**The winner of the Spring thank you draw – Marg Jorstad**

**The winner of the best leprechaun – Maria McIntyre**

**A special thank you to Denise for her great ideas for our successful happy hours.**

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The council is looking for your ideas to help beautify the front area with the rocks.

The council will be meeting in early April to make some decisions.

If you have ideas, please put them in the suggestion box by the post office.

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The resident council will be hosting “The Battle of the Sexes” Curling Night. On April 7<sup>th</sup> at 5:00pm Team Mouat and Team Homan will be playing a game. More information to follow.

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If you have any suggestions or comments, please feel free to chat with any of the committee members.



# April Showers

S N Y V Y W E T A L O C O H C Z Q  
 E J A T H D E F G N I N N I G E B  
 K C D T H N N O T E K S A B M Q B  
 O U S W A R M E R W E A T H E R Y  
 J O L N T C X W C M W S I X I J E  
 U Z O F E J A O H H R U Q T E H L  
 Q S O Y Y E L R I N N N J L O G J  
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 U W I C F A K H S O B S D P X A R  
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 N H P O X W U L A R O V E G S T N  
 Y S A O H X N N O L A N I S K I G  
 E A S T E R S L P W L E R K Z N K  
 S E L D D U P N K H E B A L N G T  
 U U M O O L B X R S U R U A T F X  
 C A O B A S E B A L L O S M N E V

April Fool's  
Day

Aries

Baseball

Basket

Beginning

Bloom

Bunny

Chicks

Chocolate

Earth Day

Easter

Flowers

Green

Grow

Jellybeans

Jokes

Planting

Plow

Puddles

Showers

Spring

Sun

Taurus

Warmer  
Weather